$\mathcal{B}$ ar & Restaurant

# LUNCH MENU

served from 12.30pm - 4pm

## STARTERS

### SANDWICHES

OTATILITO		O A II D II I O II E O	
SOUP OF THE DAY (1A,3,7,9) served w/ homemade brown soda bread	€7	HAM & CHEESE SOURDOUGH TOASTIE (1A.7,9,10,12)	
DOONBEG SEAFOOD CHOWDER (1A,2,4,7,9) served w/ homemade brown soda bread	€10.50	home cooked ham, hegarty's cheddar, plum tomato & red onion served w/ tomato relish	
KILMURRY CHICKEN WINGS asian honey hoisin bbq sauce (6,7,11)		CUBAN TOASTIE (1A,3,7,9,10,12) cuban pulled pork, spicy nduja picante, smoked gubbeen cheese, diced pickle served w/ dijon mayo	
or spicy buffalo sauce (7,9)  SMALL PORTION €12   LARGE €17		<b>RUBEN TOASTIE</b> (1A,3,7,12) o' connors spiced beef, hegarty's cheddar & sauerkraut served w/ spicy russian dressing	
PRAWN TACO (IA,2,3,7) tempura prawn taco w/ mango & pineapple spicy salsa & lime corriander sour cream	€12	CHICKEN BACON & STUFFING ON BRIOCHE (1A,3,7,10,12) chicken breast, Crowe's farm rashers, herb stuffing on brioche served w/ lemon pepper mayo	
★ MAKE IT A MAIN W/ PROPER CHIPS	€18	,	
SALADS		<ul> <li>⊕ add proper chipper chips to any sandwich €4</li> <li>⊕ add soup to any sandwich €5</li> <li>⊕ add chowder to any sandwich €8</li> </ul>	
CAESAR SALAD (1A,3,4,7,10,12) cos lettuce, crowe's farm streaky bacon, sourdough herb croutons, cherry tomatoes,	€14	MAIN PLATES	
caesar dressing & grated parmigiano reggiano			

SALADS		<ul> <li>⊕ add proper chipper chips to any sandwich €4</li> <li>⊕ add soup to any sandwich €5</li> <li>⊕ add chowder to any sandwich €8</li> </ul>	
CAESAR SALAD (1A,3,4,7,10,12) cos lettuce, crowe's farm streaky bacon, sourdough herb croutons, cherry tomatoes, caesar dressing & grated parmigiano reggiano	€14	MAIN PLATES	
VEGAN SUPERFOOD (V) (10,11) baby leaf, warm tagine spiced sweet potato, avocado, plum tomato, quinoa,	€17	ROAST OF THE DAY (allergens on request) served on a bed of creamy mashed potato w/ roast jus & seasonal vegetables	€18
blueberries pomegranate seeds, toasted seeds & vinaigrette		BEER BATTERED FRESH FISH AND CHIPS (1A,1C,3,4,7,10) todays fresh fish in a red ale batter, chunky tartar sauce, pea puree & proper chipper chips	€18
ST TOLA GOAT CHEESE (v) (1A.7.8.10) baby leaf, st tola goat cheese, candied pecans, baby beets, strawberries, sourdough herb croutons & balsamic dressing	€17	ITALIAN SAUSAGE PASTA (1A,3,12) rigatoni, Italian sausage, spicy nduja picante, roasted red peppers, tomato & fresh basil sauce	€18
⊕ ADD GRILLED CHICKEN TO ANY SALAD €4		NELLIGAN'S HOUSE BURGER (1A,3,7,9,10,12) char grilled 6oz steak and marrow burger, aged cheddar,	€18
TEA & COFFEE		crowe's farm streaky bacon, toasted brioche bun, cos, diced pickle red & spicy burger sauce served w/ proper chipper chips	
Our new coffee supplier is Calendar Coff seasonally sourced and roasted in Barna,	fee which is Co. Galway	MALAYSIAN CHICKEN CURRY	€18



TEA	€3.40	AMERICANO	€3.60
DECAF TEA	€3.80	<b>ESPRESSO</b>	€3.50
EARL GREY	€3.80	FLAT WHITE	€3.95
GREEN	€3.80	CAPPUCCINO	€3.95
PEPPERMINT	€3.80	LATTE	€3.95
CHAMOMILE	€3.80	MOCHA	€4.50
LEMON & GINGER	€3.80	HOT CHOCOLATE	€4.50

malyasian vegetable & coconut coriander curry, basmati rice & poppadum

(also available as a vegetable curry)

# **DESSERTS** 68

WARM CHOCOLATE BROWNIE & VANIELA ICE CREAM (1A,3,7) LEMON POSSET W/ WHITE CHOCOLATE & LEMON BUTTER COOKIE(1A,3,7) APPLE & RHUBARB CRUMBLE (3,7) TODAY'S HOUSE CHEESECAKE (1A,3,7) STICKY TOFFEE PUDDING W/ BOURBON CARAMEL SAUCE(1A,3,7)

ALLERGENS: 1.GLUTEN 1(A). Wheat 1(B). Oats 1(C). Barley 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soya Beans 7. Lactose/Milk 8. Nuts 9. Celery 10. Mustards 11. Sesame seeds 12. Sulphur dioxide 13. Lupin 14. Mollusc (V) = vegetarian







